

# MEDIATION AND EDUCATION PROGRAMME FOR YOUNG AUDIENCES

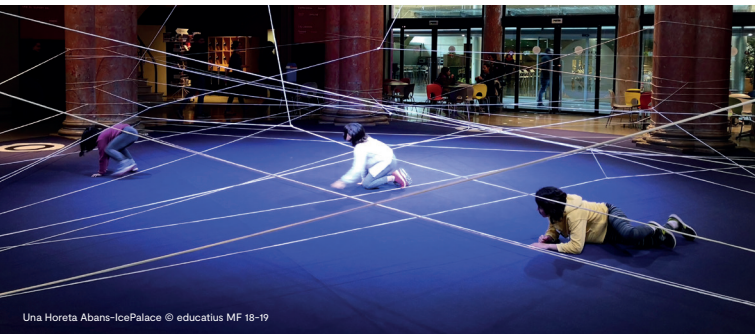
EXHIBITION – INCLUSIVE PRACTICES – ACCESS – PARTICIPATION  
– CREATION – KNOWLEDGE – ART EXPERIENCES – PROCESS –  
WORKSHOPS – METHODOLOGIES – RESOURCES – THEORY



MERCAT DE LES FLORS

CASA DE LA DANSA

Season  
2023/2024



Una Horeta Abans-IcePalace © educatius MF 18-19

**Mercat de les Flors – Casa de la Dansa, a place as an educational space. All our programmes, actions, activities are carried out with a social and educational vision.**

The Mercat de les Flors is that which happens inside, the artists and the works that are presented, and the experience shared at each performance by the people who attend it. It is a living and dynamic legacy, a fleeting, fragile, yet immensely rich present, full of future possibilities and opportunities.

The Mercat de les Flors is a driving force and a forum for proposals and projects aimed at promoting dance, choreography, and the arts of the body and movement. It supports the growth and consolidation of artists, the growth and participation of audiences, mediation in the educational field and society in general, and the dissemination of knowledge and artistic experience as values and benefits for society.

Since 2007 Mercat de les Flors has been promoting an education programme aimed at people from 0 to 18 years old. Engaging with nursery, primary and secondary schools, and teachers, offering a wide range of activities, resources and materials in various media and formats.

**MERCAT DE LES FLORS**

**CASA DE LA DANSA**

[mercatflors.cat/en/education/](http://mercatflors.cat/en/education/)



# EXHIBITION PROGRAMMES 0 – 18

We create a diverse and inclusive programme of events with leading national and international performers, fostering connections between different regions to explore and understand their uniqueness and ways of shaping thought. The educational programme is designed around certain key components such as Talla Única, Zeroacinc-elPetit, and Grada Jove, coproducing pieces and featuring a range of activities tailored to different academic stages and catering to diversity.

## **ZEROACINC (ZeroToFive)**

A curated programme offering various proposals, with the objective of providing a space for children in their initial experiences with dance.

## **elPetit international festival**

Aims to bring live arts closer to early childhood and emphasize the importance of experiencing the arts in the first years of life.

## **TALLA ÚNICA (One Size)**

A programme that continues to expand horizons and share spaces with the educational community, by offering both stage and classroom-based proposals to redefine and transform school environments.

## **GRADA JOVE (Young Seats)**

Shows from our artistic season aimed at young people, with morning performances of great interest to young people and secondary school teachers.





# EXPANDED PROGRAMME

## UNA HORETA ABANS (A Little Hour Before)

Introductory sessions to the shows of the Mercat de les Flors family artistic programme – Talla Única (One Size). With a flexible format due to the diversity of the season's shows, it offers references and activities which both young and old can enjoy, before entering the performance space. It offers proposals, literature and games about the creative processes and the poetic artistic universes of the different creations and performances of the season.

## SATURDAYS AND HOLIDAYS WORKSHOPS

A programme and sessions aimed at audiences aged 6 to 12. On many Saturdays and public holidays, we offer this workshop in the morning during the theatre season. We open the doors of the venue to children to learn about dance, movement, and the universe of the artists featured in this season's Talla Única (One Size) programme.

## FOYER

A space for presenting and connecting visitors to the universe of artists, beyond the creations on stage. Through visual installations, exhibitions, audiovisual projections and performances, the space occasionally hosts shows and activities that complement the exhibition.

## CONTEXT LIBRARY

A corner in the lobby of our theatre where we provide the spectator with a small collection and selection of bibliographic references, including some essential editions for delving into the theory and language of the body and dance. The library regularly acquires new titles, based on the suggestions we receive from the season's featured choreographers and creators.

# EDUCATION AND SCHOOL PROJECTS

An ecosystem is a system made up of a natural community of living things and their physical environment. A set of specific spaces where everyone performs a function within a large structure. This image of different interconnected habitats also defines the spirit with which we, at Mercat de les Flors - Casa de la Dansa, build our educational programme year after year. Within the infinity of possible relationships in this ecosystem, we foster connection and exchange between the places occupied by the different microcosms of education and dance.

We collaborate with agents in the community and draw on the talent of creators and companies, and especially the complicity of teachers and social educators who accompany us in the task of finding new methodologies of artistic practice with local audiences, students, and other social groups.

The educational service of Mercat de les Flors is deeply committed to today's learning processes in the classroom, as the concept of process and laboratory work is intrinsic to both active teaching and dance.

## PRACTICES AND CREATIVE EXPERIENCES

With the aim of promoting active participation and dialogue while connecting students with artistic works, our programming for schools is consolidated with artistic practice projects in the classroom such as Cos i Moviment 0-3 (Body and Movement 0-3) in nursery schools, Caixa d'Eines (ToolBox) in primary schools, and Tot Dansa, En Residència and Mapadeball in secondary schools.

### **COS I MOVIMENT 0-3 (Body and Movement 0-3)**

Spaces for movement and dance in nursery schools. A pioneering project in collaboration with the Municipal Institute of Education-Barcelona City Council, it is now in its 11th edition and operates in more than twenty public nursery schools in Barcelona. Throughout the school year we encourage very young children to explore body language and movement and bring them closer to artistic creation. Experimenting, researching and exploring, three concepts of work that we share with educators and teams, making the classroom the child's first natural setting. Professionals and creators in the field of dance and dance pedagogy participate in the project, bringing the opportunity of artistic experience to nursery spaces; the programme includes training and reflective practice sessions aimed at generating new practices.

## CAIXA D'EINES (ToolBox)

A culture and education programme, part of the 2021-2024-Barcelona City Council Neighbourhood Plan (Pla de Barris), which invites the local Poble-sec School and Mercat de les Flors to undertake a joint collaborative journey for three years, introducing artistic practice into the school curriculum. Caixa d'Eines operates based on four pillars: mainstreaming, equity, co-design, and sustainability, to reduce cultural inequalities, articulating formal, non-formal and informal education. In close partnership with dance creators and educators, Mercat de les Flors and the school draw up a comprehensive work plan based on listening and contributing as a backbone to bring awareness and real practice in dance to the students, teacher training, and the collective experience.

## TOT DANSA, TOTS DANSEN I MAPADEBALL

This co-creation project involves students in the creation of a contemporary stage works under the guidance of industry professionals, highlights the educational value of the creative process. Tot Dansa and Mapadeball are reference projects for artistic practice in the classroom, aimed at secondary school students in Barcelona (with Institut de Cultura de Barcelona-Barcelona City Council and Institut del Teatre) and Catalonia (with Xarxa Transversal); an educational tool for teachers, but above all as an individual and collective learning experience for students.

## EN RESIDÈNCIA

A programme of the Institut de Cultura de Barcelona and the Barcelona Education Consortium, devised in cooperation with Fàbriques de Creació and the association A Bao A Qu. Mercat de les Flors and Graner-Creation Centre for Dance and Performing Arts participate in the project, linking choreographic creation and education in the context of secondary education.



# TOOLS, RESOURCES, METHODOLOGIES

## **laCultivadora**

The educational departments of the six national performing arts and musical institutions of Catalonia, L'Auditori, Gran Teatre del Liceu, Mercat de les Flors, Palau de la Música, Teatre Lliure and Teatre Nacional de Catalunya work together to strengthen and deepen the link between the arts and education. The result of this relationship is laCultivadora, a new digital platform shared with the educational community which offers in-person and online proposals and resources complementing the educational programmes of each institution.

[lacultivadora.cat](http://lacultivadora.cat)

## **TEACHER TRAINING COURSE**

This course of 10 sessions organized annually since 2008 is recognized by the Ministry of Education of the Generalitat de Catalunya as a permanent training programme for educators. It welcomes teachers from all educational levels (nursery school, early childhood education, primary and high schools). The sessions are led by creators from the Mercat de les Flors season who share their insights and tools for introducing the language of dance in the classroom.

[mercatflors.cat/en/education/formacio-al-professorat/](http://mercatflors.cat/en/education/formacio-al-professorat/)

## **CONTEXTS AND NOTES**

Educational pack of the shows for teachers. An approach to the stage performances with a collection of the artistic content from the shows, with suggestions, practical proposals, content, and bibliography to prepare or deepen the theatre experience with the students.

[mercatflors.cat/en/education/eines-i-recursos/](http://mercatflors.cat/en/education/eines-i-recursos/)

## **LA MALETA DAN DAN DANSA (DanDanDansa Suitcase)**

This pedagogical resource with over a decade of history supports teachers in discovering and working with movement in classrooms. It includes activities, collected in a pedagogical file that, accompanied by various materials, help to enhance creativity and imagination in the classroom. Educational centres and the Centre for Pedagogical Resources-Ministry of Education of the Generalitat de Catalunya can request this material on loan.

[mercatflors.cat/en/education/eines-i-recursos/](http://mercatflors.cat/en/education/eines-i-recursos/)



## **LA MOTXILLA DE LA MOGUT (Educational Pack)**

This didactic resource exclusive for nursery schools, ensures the continuity of the Body and Movement Project 0-3. It does so through La Mogut, a character who invites children, parents, teachers, and families to discover dance and free movement through materials and suggested activities.

[mercatflors.cat/en/education/eines-i-recursos/](http://mercatflors.cat/en/education/eines-i-recursos/)

## **EDUCATIONAL DVDs**

Collection of DVDs for families, children, and educators with didactic, fun and creative proposals based on the shows *Momentari* by Nats Nus, *Flexelf* by Àngels Margarit / Cia. Mudances and *Nubes*, by Aracaladanza. Age 5 and over.

## **MERCAT BLOG**

Open and dynamic edition with theoretical, essay and pedagogical texts related to shows and creative processes. It features renowned theorists and academics active in the field of dance theory, journalism, and dramaturgy. The blog is a complete collection of the creations we have presented in recent seasons. The texts are accompanied by bibliographic materials and complementary web links.

[mercatflors.cat/blog](http://mercatflors.cat/blog)

## **MERCAT PODCASTS**

Monographic programmes that feature interviews with the today's most interesting creators, who share first-hand their vision of dance, their approach to creative processes and their poetic imagination in relation to the world around us.

[mercatflors.cat/es/publicaciones-y-archivo/los-podcasts/](http://mercatflors.cat/es/publicaciones-y-archivo/los-podcasts/)

## **RETRATS COREOGRÀFICS (Choreographic Portraits)**

For a series of seasons, Mercat de les Flors and the filmmaker Núria Olivé-Bellés made short audiovisual documentaries about the creation and work of different choreographers. A collection of 37 portraits that are unique in the way they approach this artistic biography, which can be viewed through the link on Mercat de les Flors site:

[mercatflors.cat/en/publications-and-archiving/archive/choreographic-portraits](http://mercatflors.cat/en/publications-and-archiving/archive/choreographic-portraits)

## **YOUTUBE CHANNEL**

Our YouTube channel features the capsules and teasers of most of the scheduled shows, and the expanded and educational programme, as well as other interesting videos of the artists we work with. The channel also provides the opportunity to stream some of the Mercat de les Flors activities, such as the Una Hora Abans sessions.

[youtube.com/mercatflors](http://youtube.com/mercatflors)



Animal Religion © Noa Baylach

# COPRODUCTIONS

## Season 2023/24

Each year Mercat de les Flors co-produces 4 to 6 dance pieces for audiences aged 0 to 18 involving different artists and choreographers. We provide support, artistic residencies, curating throughout the whole process. Always in collaboration with the educational community and public cultural and educational institutions.

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### SÒNIA GÓMEZ

*InBalanceIn*

3 – 5 yrs.

Based on the innate drive of creatures to move, discover, and explore without fear, this creation portrays a staged tableau that focuses on balance. The dancer, performer and choreographer Sònia Gómez, trained at the Institut del Teatre de Barcelona and the P.A.R.T.S school in Belgium, has been working since 2004 on projects whose thematic axes are the construction of identity, but also the discovery of certain social impostures with art and the impostures of art through the body and performance. The last time we saw her at Mercat de les Flors was with *The black body, the blue mind and the fluorescent guts* in October 2021. Now she is back with a piece for the younger audience.

11-12 November 2023

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**CREAMOVIMENT***Paisatges***3 – 5 yrs.**

It is an artistic experience designed for children aged 0 to 3 years, born out of the desire to explore and investigate through the body and play. It's an open-ended proposal where improvisation and the discoveries that are made help to shape the piece.

Shows by CreaMoviment are the result of a constant research process into materials and the authentic needs of children, which opens new perspectives to the adults who accompany them. Their seemingly simple language is full of nuances distilled from CreaMoviment's daily practice.

**11-12 November 2023**

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**ANNA RUBIROLA / BIG BOUNCERS***Plàncton***6 – 8 yrs.**

Based on the concept of plankton, microorganisms essential to our planet's existence, this piece aims to highlight the idea that small things are essential for life. The Big Bouncers collective, formed in 2012 by the creators Cecilia Colacrai, Anna Rubirola and Mireia de Querol, work along three lines: scenic creation, the creation of performances for unconventional spaces and pedagogy.

**2, 3, 4, 7, 13 and 14 January 2024**

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**ANIMAL RELIGION***Copiar***8 – 10 yrs.**

In this new creation, a group of boys and girls aged 8 to 10 are invited to the stage. Together with the company they engage in a playful, emotional, and eclectic performance, where the only guideline is to copy. Animal Religion is a circus company interested in the search for new paths within contemporary circus and interdisciplinarity. Their three main areas of work are the circus, light and music.

**9 and 10 March 2024**

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**TONI MIRA***Tempo***10 – 16 yrs.**

Toni Mira, one of the Catalan choreographers and dancers with the longest career, wants to invite the public to connect the body with the imagination and memory, evoking experiences, and emotional situations that we have all felt at some point listening to or dancing a bolero, a waltz, or a jazz piece.

**3, 4, 13 and 14 January 2024**

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**LA VERONAL***Firmamento***12 – 18 yrs.**

Aimed at young people, who are at the point in life when they mourn the passing of their childhood and start to glimpse a new world, La Veronal's new work is halfway between dance, film, and theatre within a changing space. Marcos Morau founded La Veronal in 2005, and since then he has positioned himself as an indispensable creator on the International choreographic scene, receiving awards such as the Spanish Ministry's Premio Nacional de Danza 2013 and the Premi Ciutat de Barcelona 2022.

**27-30 December 2023 and 6, 7, 12, 13 and 14 January 2024**

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# WHO DANCES MUTATES.

## PERSIST

Mercat de les Flors educational projects  
have the Barcelona Pedagogical Innovation  
Council seal of educational quality



### A PROGRAMME BY



MERCAT DE LES FLORS

CASA DE LA DANSA

### CONSORTIUM FORMED BY



Generalitat de Catalunya  
Departament de Cultura

### SUPPORTED BY



### WITH THE COLLABORATION OF



laCultivadora



Institut del Teatre

**Transversal**  
Xarxa d'activitats culturals

PLA DE BARRIS DE BARCELONA  
EL Poble del

CONSELL  
D'INNOVACIÓ  
PEDAGÒGICA

**e** Consorci d'Educació  
de Barcelona  
Comissió de Catalunya  
Ajuntament de Girona